

# European Solidarity Corps short term volunteering project "GROWTH" in Estonia

**Organization: TALLINNA LASTESÕIM HELLIK** 

**Duration:** 2 months

Time: Starting from September 2019

Place: Tallinn, Estonia



### About the hosting organization:

Nursery Hellik locates between peaceful Nõmme forests not too far from the city centre. We are small, with 2 classes only, but the more we are dedicated and focused on kids development. We have 40 kids who are from the age 1.5-3 years. There are 10 people working daily with kids - 2 teachers, 2 assistant teachers, 2 support teachers, economy director, chef and music teacher. Nursery Hellik turns a lot of attention to kid's health and it's promotion. In 2009, we joined the network of health promotion kindergartens. We pay extra attention to the food, we are offering to kids and make sure that it healthy. We got a second place on the competition "Kindergarten with the best catering" in 2009.

We have a long history and traditions that we celebrate together with kids, parents and employees. Parents are actively included in the creation of nursery's growth environment. We focus on aesthetic appearance and creation of a positive environment of the nursery. The whole space (inside and outside) of the nursery is repaired and made safe for kids.

The vision of the nursery: Nursery Hellik is recognised child care institution with a good reputation and developed traditions. Successful cooperation with partners, safe and development-friendly learning environment.

The mission of the nursery: Nursery Hellik is a pre-school education child care institution, that is a partner for home and supports kid's growth and development while basing on closeness to nature, health promotion, traditions and child-based upbringing.



**Profile of the volunteer:** Aged 18-30. Hellik is looking for an enthusiastic young person, who would love to work with children in the age of 1,5-3 years. We are hoping to host a person who is motivated to do this work 7 hours a day and 5 days in a row.

**Main activities:** In Hellik Nursery the volunteer would be working alongside with class teacher and teaching assistant with children from different ethnic backgrounds between the age of 1,5 to 3 yrs.

Hellik Nursery has two different age groups: 1,5-2 years and 2-3 years. Volunteer would be asked to work in different age groups every week (where the help is most needed). Some activities include:

- introduce his/her country of origin to the children of our kindergarten, their parents and staff through different events throughout the school year.
- Eg. Photo exhibition or other display about his/her country of origin, food tasting, introduction of games etc.
- accompany teachers and groups of up to 18 children going on mini trips to museums, exhibitions, libraries, nature etc.
- help the teacher in preparation of learning materials for everyday teaching activities (e.g. prepare worksheets, copy materials, taking out paints, pencils etc.).
- help the teacher and children during the everyday teaching activities and outside playtime (e.g. Art tasks, playing with children etc.).
- help to dress, look after and feed the younger children, support them in their daily activities as well as older children.
- organize sports activities for children (e.g. a weekly outdoor sports activity).

In addition to that, we have traditional events where volunteer can help us. You can see all the events here: https://www.tallinn.ee/est/hellik/

With these activities, volunteer will get a wide experience and knowledge of a child's development and learning process, she/he will get to know pedagogical aspects/ways of teaching kids, developing his/her intercultural and interpersonal competencies, develop ways and competences to work with different stakeholders (for example parents). Besides that, volunteer will develop his/her team work and self-expression skills, cooperation and learn to analyze situations based on child's perspective.

#### Project in the Youth Portal:

https://europa.eu/youth/volunteering/organisation/907147008\_en?fbclid=lwAR0yiefBaE\_OrU Y9FCX8\_Lja88ZeUb4UILH8MPaPFRTXNZAcV48E0uG2uBY

### **VOLUNTEER'S CONDITIONS**

#### Working hours:

The volunteer will work from Monday to Friday at 9am - 4pm (depending on the day and activities, the time might change). The weekends are free and the volunteer has 2 holiday days per month (total 4 days).

# **Accommodation:**



The accommodation costs are covered. The volunteer will live in a shared flat or dormitory.

#### Allowance:

Each month the volunteer receives a total of 270€ pocket and food money.

#### **Transport:**

The transportation from home country to Estonia and back will be covered according to the distance calculator of Erasmus+ program:

https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator\_en

The local transport card will be provided.

#### Insurance:

The volunteer will have Cigna Health insurance.

## **Language support:**

The volunteer will have access to the Online Language Support to learn Estonian.

#### **General support:**

The volunteer will have a mentor to help with any issue and support the learning process.

#### **Extra activities:**

In addition to the work at the hosting organization, the volunteer will take part in different events and fairs to promote European Solidarity Corps and the Erasmus+ programme.

### **Coordination:**

The coordinating organization is **MTÜ Noored Ühiskonna Heaks** (<u>www.nyh.ee</u>), that will help with the preparation, implementation and dissemination phase of the project.

**To apply** fill in this application form: <a href="https://forms.gle/vm5SJHFL73zKudj87">https://forms.gle/vm5SJHFL73zKudj87</a> (add your CV and motivation letter).

